

Lesson suggestion 1 “Oldies but goldies” ages 7-9

From the curriculum:

- Singing and playing in various forms
- Voice as an instrument with variation in rhythm, tone and dynamics
- Musical symbols, pictures and characters
- Swedish and Nordic traditions in children’s songs

Material: large balls, wooden sticks, songs printed.

- Entering the room-music: “Mango Tango” by Dan & Gullan Bornemark.
 - What kind of music? Short talk about children's music and that we will explore the first composer creating music for children.
- Seating song:
 - I play a groovy chorus on the piano, the children walk the pulse as a train after each other. They follow my tempo changes and when I play a high pitched chord, they turn around so the train gets a new leader. During this exercise I sing the name of each child so they can take their seat.
- Presenting the composer:
 - I tell the children a little bit about the Swedish composer Alice Tegnér and her background.
 - I check how many of her songs they are familiar with.
- Singing:
 - They learn the song “Barnen leka mamma och barn (Goddag min fru)” by Alice Tegnér.
- Music symbols:
 - Checking what meter the song has and how we can find out by only looking at the sheet music.
- The meter of 2:
 - Experience the meter by bouncing the balls against the floor on 1, and catch them again on 2. One third of the group on the floor at a time.
 - Two thirds of the group sing a verse of the song at the same time.
 - Switch so everybody has tried the bouncing of the balls.
- Change of meter:
 - Dance a waltz in pairs to piano playing.
 - Walk the pulse and then add a clap on the 1.
 - Walk 1 and clap 2 and 3.
 - Clap 1 and walk 2 and 3.
- Singing:
 - They learn the song “Danslåt (Litti-litti-li)” by Alice Tegnér.
- The meter of 3:
 - Experience the meter by playing with the stick on the floor on 1 and against the friends stick on 2 and 3. One third of the group on the floor at a time.
 - Two thirds of the group sing a verse of the song at the same time.

- Switch so everybody has tried the wooden sticks.
- The resting song:
 - I play the signal for laying down on the floor.
 - I sing The resting song. It's about how nice it is to lay down and rest for a while. I sing about two children at the time but I skip two of the names and the children are supposed to notice which names are left out.
 - When I'm done they can sit up and guess who I didn't sing about.
 - We sing the song for the two left out children.
- Leaving the classroom song:
 - I improvise something like "Everybody with something on your head is allowed to leave, everybody with glasses can leave, everybody with stripes on the shirt can leave" and so on.

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